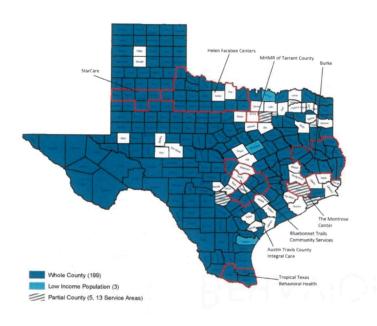


Megan Wilcox, MSW
Chalee Rivers, RN
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#### HISTORY OF CCBHC

#### Texas Mental Health Professional Shortage Areas (HPSA)



- 2016: 8 CCBHC Pilot States
- 2017: 8 "Texas" CCBHCs
- CCBHC as the future of Behavioral Healthcare in Texas

Map prepared by Texas Primary Care Office Texas Department of State Health Services

Data Source: US Health Resources and Services Administration Data Warehouse, November 201



# CCBHC PROGRAM REQUIREMENTS

PR1: Staffing

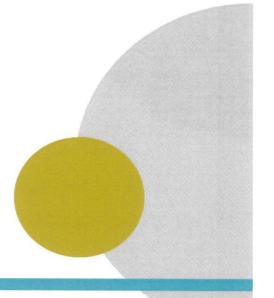
PR2: Availability & Accessibility of Services

**PR3: Care Coordination** 

PR4: Scope of Services

PR5: Quality & Other Reporting

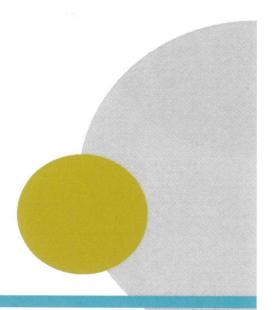
PR6: Organizational Authority, Governance and Accreditation





### PR1: STAFFING

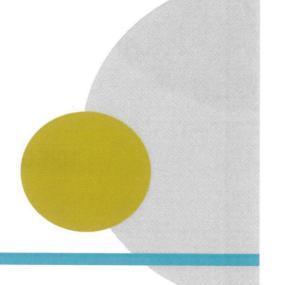
- Needs Assessment
- Staffing Patterns
- Workflows
- Credentialing
- Training
- Cultural Competency





# PR2: AVAILABILITY & ACCESSIBILITY OF SERVICES

- How individuals enter into services
- Time to initial evaluation
- Crisis prevention and response (24 hours)
- Eligibility for services
  - Sliding fee scale





### PR3: CARE COORDINATION

- Care Coordination is "linchpin" of CCBHC
- Integration of mental health, substance use, physical health, and social services
- Follow-up after hospitalization
- Electronic Health Record (EHR) to track activities





#### PR4: SCOPE OF SERVICES

- Nine Required CCBHC Services
  - Crisis Mental Health Services
  - 2. Screening, assessment, and diagnosis, including risk assessment
  - Patient-centered treatment planning
  - 4. Outpatient mental health and substance use services
    - Using evidence-based practices
  - 5. Outpatient clinic primary care screening and monitoring of key health indicators and health risk
  - 6. Targeted case management
  - 7. Psychiatric rehabilitation services
  - 8. Peer support and counselor services and family supports
  - Intensive, community-based mental health care for members of the armed forces and veterans



# PR5: QUALITY & OTHER REPORTING

#### **Nine Clinic Reported Measures**

Time to Initial Evaluation

Preventive Care & Screening: Adult Body Mass Index (BMI) Screening and Follow-up

Weight Assessment and Counseling for Nutrition and Physical Activity for Children & Adolescents

Preventive Care & Screening: Tobacco Use: Screening & Cessation Intervention

Preventive Care & Screening: Unhealthy Alcohol Use: Screening & Brief Counseling

Child & Adolescent Major Depressive Disorder: Suicide Risk Assessment

Adult Major Depressive Disorder: Suicide Risk Assessment

Screening for Clinical Depression & Follow-up Plan

Depression Remission at Twelve Months



# PR5: QUALITY & OTHER REPORTING

#### 12 State Reported Measures

**Housing Status** 

Follow-up after Emergency Department for Mental Health

Follow-up after Emergency Department for Alcohol or Other Dependence

Plan All-Cause Readmission Rate

Diabetes Screening for People with Schizophrenia or Bipolar Disorder who are Using Antipsychotic Medications

Adherence to Antipsychotic Medications for Individuals with Schizophrenia

Follow-up after Hospitalization for Mental Illness, ages 21+

Follow-up after Hospitalization for Mental Illness, ages 6-21

Follow-up Care for Children Prescribed ADHD Medication

**Antidepressant Medication Management** 

Initiation and Engagement of Alcohol and Other Drug Dependence Treatment

Patient & Family Experience of Care Survey



# PR5: QUALITY & OTHER REPORTING

- Cost Report
- Continuous Quality Improvement Plan
  - Consumer suicide deaths or suicide attempts
  - Consumer 30 day hospital readmissions for psychiatric or substance use reasons



# PR6: Organizational Authority, Governance & Accreditation

- Non-profit, local government BH authority, operate under authority of Indian Health Service
- Annual financial audit
- Board membership
- Nationally recognized accreditation
  - Joint Commission
  - CARF
  - COA
  - AAAHC





### RESOURCES



- National Council for Behavioral Health
- SAMHSA

